

HIF20 – Daigen

Stephanie Spinn

Reviewing the Chapter: Questions # 1-8

1. There are four functions that families are responsible for which encourage the growth of strong, caring adults:
 - **Meet basic needs**; by providing food, shelter, clothing, and education.
 - **Give emotional support**; by helping family members believe in themselves and helping each other out through difficult times.
 - **Teach values**; parents teach right from wrong and what things are most important in life.
 - **Pass on culture and tradition**; in the family, children learn how to get along with other people and they also learn about their family's heritage.
2. There are many types of families:
 - **Nuclear family**; this family consists of a mother, father, and one or more children born to them.
 - **Single-parent family**; is one parent raising one or more children.
 - **Blended family**; a blended family is formed when two people marry and at least one already has a children. (This is where the "step" is added, "step-children, step-mother/father, step-sister/brother etc.)
 - **Extended family**; is formed when another relative, such as a grandparent or aunt, lives with the family.
 - **Adoptive family**; is when parents legally adopt a child not born to them.
 - **Foster family**; includes a child not related to the family but cared for by them as a family member.
3. Roles affect responsibility within the family, I think your roles usually dictates how much responsibilities you have in the family, as parents tend to have more than their children, their role as parents give them the responsibilities of paying the bills, providing basic needs, earning income, and teaching values.

HIF2O – Daigen

Stephanie Spinn

4. Some characteristics of strong families are:
 - Are committed to each other and to the family (Their loyalty runs deep – they stand up and look out for each other)
 - The family enjoys spending time together (Often look forward to eating dinner as a family)
 - Show appreciation and love for each other (Call each other just to make sure that they are alright, and to express their love)
 - Take time for laughter and play (Do fun activities with each other, camping, sailing etc.)
 - Are tolerant and forgiving (They understand that they are only human, and that everyone makes mistakes)
5. You can show respect for parents by abiding by their rules (coming home on time, calling them before you go out etc.), being honest with them, doing simple tasks to make their lives easier (cleaning up after yourself) and completing your responsibilities/chores without fussing.
6. Responsible behavior leads to greater independence for teens because it shows your level of maturity and will earn your parent's trust, therefore they will be more willing to let you and trust you to do stuff on your own.
7. Showing respect, understanding, responsibility, appreciation, and making time for each other are five tips for getting along with siblings.
8. If someone feels that fairness is a problem in the family it is helpful to remember that you have your own special qualities and abilities.
9. Two ways that you can spend time with your family are on family vacations, and during dinner time (cooking and eating as a family).

HIF2O – Daigen

Stephanie Spinn

Thinking Critically: Questions # 1-3

1. My experiences as a teen can differ from the experiences of my parents as teens because they might've grown up in a completely different kind of family and in a different time, therefore giving them different types of roles and responsibilities as teens, and in turn shaping their attitudes and actions as parents. Example: If they grew up in a very strict household, that did not prioritize spending time together as a family then maybe when they become parents themselves they would either be very strict as well and share the same values as their parents or be against what their parents stood for and be more lenient and value spending time with the family, depending on how happy they were as teens.

2. My roles:

- Child, granddaughter and older sister – home-schooled student and emotional supporter for my younger sister

Silvia's roles:

- Child, granddaughter and younger sister – student

My dad's roles:

- Father – Income earner, meal fixer, basic needs provider, as well as nurturing and supporting us

My sister and I both share the roles of being students. My father has the most important role, as he provides the necessities for my sister and I to become strong, caring adults.

3. I think the most difficult stage of the family life cycle for parents would be the launching stage as everything they have come to know is now gone, as their children leave the family home, and they must now adapt to living a life without their children around, this would especially be more difficult if their family was strong and very close to one another, they might even suffer withdrawal symptoms before they can get used to the dramatic change.

HIF2O – Daigen

Stephanie Spinn

Making Connections: Questions # 2

2. I agree with Leo Tolstoy's quote, "Happy families are all alike; every unhappy family is unhappy in its own way.", because there are certain things that a family must entail in order to be strong and therefore happy, like having a positive attitude about life and family, enjoying spending time together, and the list goes on; if two families are happy there is a definite chance that they share these family strengths and are alike in some way or the other.

On the other hand, when a family is unhappy there are endless reasons why this could be, they could be lacking certain family strengths or contain sibling rivalry, there is no specific list or way that deems a family unhappy therefore each family has their own reason for being unhappy in their "own way".

Applying Your Learning: Questions # 3

3. My idea of a good family relationship is a family that enjoys it when they spend time together and has many family traditions, like nicknames and game nights where they play cards or monopoly, a family where everyone is close to one another and love is evident when they communicate, a good family is one that share beliefs, goals and values but respect if a family member sees things in a different light, a family that is loyal to one another and puts each other first, and understand that they are only human, and making mistakes are a part of life, and a family where everyone tries their best to help out one another in their roles and responsibilities.

